



NOTES FROM THE HEADTEACHER

When we provide children the time and place for reflection, we empower them as learners and thinkers. Reflection on a lesson or on their own progress also allows them to build skills in critical thinking that they can apply when they are problem solving and learning on their own.



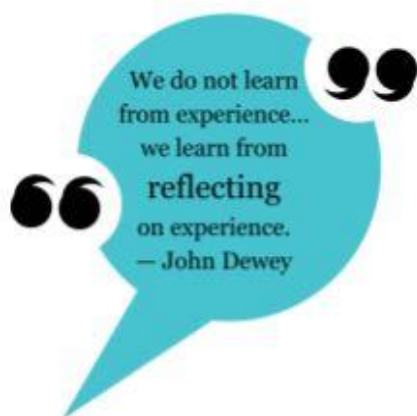
Simon Davies,
Head teacher

Although schools often focus on enhancing reading and mathematics skills, we must also remain committed to promoting broader thinking abilities. They are the foundation upon which children learn to make decisions, regulate their own behaviour, and take responsibility for their actions.

We know it is a necessary part of an educator's job to engage in self-reflection, but it is just as important that we provide similar opportunities for children to also self-reflect. We want children to feel confident to ask questions, think about how they really feel, review the actions they take and how their behaviour affects others.

Having time to be reflective helps children focus and then modify their actions and work in a purposeful way. These can be written, verbal or visual reflections. Here are a few questions you can ask your child at home each day, maybe over dinner, to enhance their reflective process and promote the opportunities teachers give the children in lessons to be reflective:

1. What surprised you today, and why?
2. What is the most important thing you learned today? Why do you think so?
3. What do you want to learn more about, and why?
4. When were you the most creative, and why do you think that is?
5. What made you curious today? How does learning feel different when you're curious?
6. When were you at your best today, and why?



Teaching reflection strategies is just one part of the self-reflection process. We need to monitor whether their reflections lead to action; are they making the necessary changes or refinements. As their self-awareness develops their ability to self-monitor will grow. Self-reflection helps children make changes to improve their interpersonal skills that affect family, friends, and the wider community.

Children's Memory Books

This reflection activity can be easily modified for different ages and something that can become a regular activity at home each day. Young children can simply add drawings and as they get older, they can use both text and drawings to express feelings, opinions, memories and thoughts about their day.

Try and set aside a special calming time at the end of the day for your child to access their memory books and recount their day. For younger children, you might like to sit with them and offer some drawing prompts or just talk about how they felt about a certain activity or person that day.

Challenge Partners review

We recently took part in a Challenge Partners review of the school, which was very successful and validated the ongoing improvements we have made. Please use this link to view the report:

<https://www.balfourprimary.co.uk/page/?title=School+Development&pid=16>

DATES FOR YOUR DIARY



[Can be found on our website.](#)

TERM DATES FOR 2020/21

Summer Term 1: 19/04/21 – 28/05/21 ➤ **Half term** (next week!): 31 May – 4 Jun
Summer Term 2: 08/06/21 – 23/07/2021 **INSET days 20/21:** 7 June

BALFOUR ON TWITTER!

Hear what we are talking about! Join the conversation!

Like and ReTweet @Balfourschool



GOVERNORS

Dear Balfour Families

Balfour Governors are looking forward to returning to school for their upcoming monitoring visit in early July. Due to Covid restrictions the Governing Body have continually monitored with school leaders via Zoom but as guidelines change, we are excited to get back to seeing staff and pupils face to face. Governors will be monitoring areas linked to the School Development Plan and will feedback to Simon and his team at the July FGB meeting.



Warm regards,

Claire Cornthwaite
Chair of Governors

If you wish to contact the school governors for any reason, their email address is: balfour.governor@balfour.brighton-hove.sch.uk

Governor	Link area to School Development Plan
Claire Cornthwaite	Quality of Education
Katie Wood	Leadership / Disadvantaged Learners
Shelley Baker	Leadership
Charlotte Bonham-Carter	Personal Development / Safeguarding
Jessica Sullivan-Wrenn	OPAL / Health & Safety
Fi Dowley	Behaviour
Carolyn Bristow	Quality of Education / SEND

PUPIL PREMIUM

Thank you so much to those parents who got in touch with me, following our March newsletter. We have been able to support families financially with school trips (Blacklands for Years 5 and 6), morning milk, water bottles and after school clubs.

Since we returned from the most previous lockdown, I have met with all of the class teachers to discuss and set targets for those children who receive funding and I am really looking forward to seeing the targets in action in class when I visit the classrooms after the half term break. We want to ensure there is **'Equity in Education'** throughout our school and I look forward to working more closely with our families to ensure we are providing the support needed.

Our [Pupil Premium Strategy](#) has been updated and you can see this [on our website](#).

Please do not hesitate to get in touch with me if you have any questions about Pupil Premium.

Sandra Mulholland

Deputy Headteacher

sandramulholland@balfour.brighton-hove.sch.uk



FREQUENTLY ASKED QUESTIONS



Q I read in last term's newsletter that there's money for children who get free school lunches. My child is in Year 1 and gets free lunches - does that mean she's entitled to money from the school for trips and clubs?

A *Possibly.* All children in Key Stage One are entitled to free lunches... but if you meet any of the criteria below, you could be entitled to funding for trips and clubs.

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit – if you apply on or after the 1st April 2018 your household income must be less than £7400 per year

Q I am eligible for one of those! How do I apply to get the funding?



A It's super quick and easy. Just visit:
<https://www.brighton-hove.gov.uk/content/children-and-education/schools/free-school-meals>

If you need any help or support with the application, please speak to the school office who will be happy to help. If you have any questions about how our pupil premium money is used, or how to spend your allocation, please speak to Sandra Mulholland.

INCLUSION TEAM

Hello! We are the Inclusion Team at Balfour Primary School. We are here to support pupils, staff and parents/carers so that pupils feel safe and secure and in the right place to learn!



Inclusion Co-ordinator

The focus of Ms Tuck's SEND role is to work alongside staff, pupils and parents/carers to ensure that good quality personalised provision and support is in place for pupils in the classroom.



Learning Mentor

Mrs Cable structures her work around an Attachment Aware approach and provides 1:1 nurture support for pupils.



Learning Mentor

Mr Ford's work combines supporting in classes, small group and 1:1 work primarily with pupils with social communication needs and/or an ASC diagnosis.



Learning Mentor

Miss Bara works alongside pupils in class, in small groups and 1:1 supporting behaviour, self-esteem and friendship.

FAB UPDATE

MESSAGE FROM THE CHAIR

It's very exciting to be able to plan FAB fundraising events again. After half term, we'll be hosting two big events: the return of the summer fair, and the first ever circus at Balfour! More details below.

UPCOMING EVENTS AND FUNDRAISERS

TENTATIVE SUMMER TERM DATES

Our main summer term events will be:

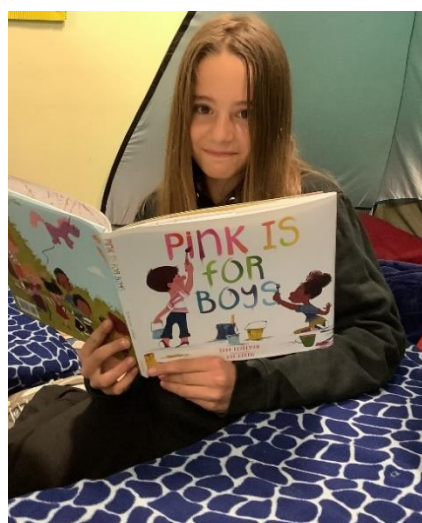
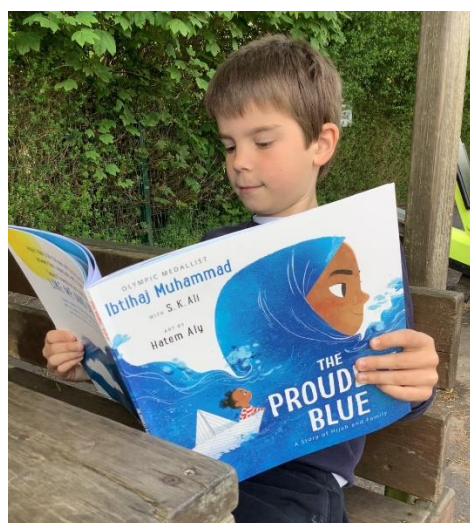
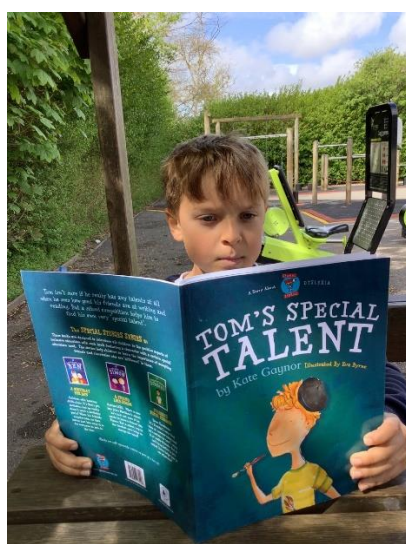
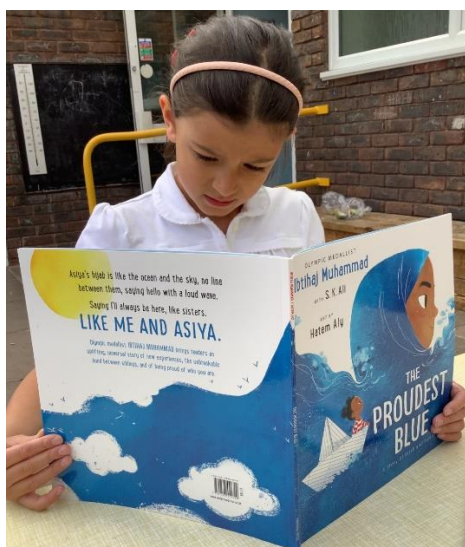
- **Summer Fair - Saturday 3rd July 12noon-4pm**
- **Happy's Circus - Tuesday 20th July 5pm & 7pm**



DIVERSITY BOOKS

Thanks to your generosity, FAB recently contributed to the purchase of books to support the school's curriculum work on the subject of diversity. The children chose the books they wanted to read, and really enjoyed them.





SUMMER FAIR VOLUNTEERS



The Summer Fair is back! It will take place on Saturday 3rd July, 12-4pm. It will feature all the usual fun: games, inflatables, the Balfour's Got Talent competition, and of course plenty of food and drink.

To make it happen, we need lots of volunteers to help us set up, run stalls on the day, and pack up afterwards.

If you can spare just an hour or two on the day (or the day before or after), please sign up for a slot at: <http://friendsatbalfour.org/summer-fair/>

HAPPY'S CIRCUS AT BALFOUR

We're bringing the Big Top, with a cast of international performers, to Balfour on Tuesday 20th July. We'll be putting on two action-packed shows with fun for all the family (5pm and 7pm).



Tickets will go on sale after half-term - [watch Happy's Circus video](#) to get a sneak preview.

RAISE MONEY WHILE YOU SHOP

There are two REALLY easy ways to raise money for the school while doing your Christmas shopping:

1. *Easyfundraising*

Join for free at: www.easyfundraising.org.uk/causes/friendsatbalfour/

Then when you shop online, go to easyfundraising.org.uk, find the retailer you want, click through and shop in the normal way. The retailer will automatically make a donation to your cause when you check out.

There's a Donation Reminder you can download so you don't forget. That's all there is to it. There are no catches or hidden charges to you or the school. Just more money to help enhance the children's education.

2. AmazonSmile

AmazonSmile is the same Amazon you know. Same products, same prices, same service. But Amazon donates 0.5% of the net purchase price (excluding VAT, returns and shipping fees) of all eligible purchases to the charitable organisation of your choice.

Just make AmazonSmile your default for your Amazon purchases – go to: <https://smile.amazon.co.uk>

100 CLUB

The Balfour 100 Club is open to all Balfour parents, carers and staff and costs just £5 per number per month. You need to sign up for at least a year.



Half the monthly takings are given out in prize money; the other half is used for the benefit of the children at school.

Join anytime to help the school raise much-needed funds. To sign up, or for more information, please email fab100club@gmail.com.

GET INVOLVED

If you'd like to be added to our committee email list, drop us a line at info@friendsatbalfour.org. You'll be kept informed of committee meetings, and contacted if we need a little help from time to time.

STAY IN TOUCH

Follow us for the latest information on our events and meetings:

 Website: <http://friendsatbalfour.org/>

 Facebook: [Friends at Balfour](#)

 Twitter: [@FABatBalfour](#)

We also have private Facebook Group pages for each year group



School Crossing Patrol Vacancies

Balfour Road for Balfour Primary School - 7 hours 5mins per week

Church Road Portslade for St Peter's Community Primary School - 7 hours per week.

Hartington Road Brighton for St Martin's Primary School - 6 hours 40mins per week

Manor Road Whitehawk for St Mark's Primary School - 6 hours 40mins per week

Millers Road/Highcroft Villas Brighton for Stanford Infant and Junior Schools - 8 hours 45mins per week

Port Hall Avenue Brighton for Stanford Infant and Junior Schools - 6 hours 40mins per week

The Green, Rottingdean for Our Lady of Lourdes Primary School - 5 hours per week

Vale Road Portslade for St Mary's Primary School - 6 hours 30minutes per week

Whitehawk Road for Brighton Steiner School - 7hours 45mins per week

Interview date: Wednesday 26th May

For an informal discussion, please contact Emily Tester, Child Road Safety Training Development Manager on 01273 293847

TO APPLY - <https://www.brighton-hove.gov.uk/jobs>

Your starting salary will be pro rata if the above position is part-time or term-time only.



2021



Dear Parents/Carers,

The Magic of Music

Learning to play a musical instrument provides children with an experience that enriches their lives in so many ways and we are on a mission to bring the magic of music to every home in Sussex. Children will learn musical skills that help develop a lifelong love of music and research has shown that there are many other benefits associated with learning to play a musical instrument including:

- *raising confidence and self-esteem*
- *improving team work, concentration and many other skills for learning*
- *connecting with new people and broadening horizons*
- *improving their well-being by becoming happier and healthier*

Lessons take place in small groups during the school day with specialist teachers from Brighton & Hove Music & Arts. To find out more about more about the opportunities available please visit our website where you can watch our teachers introducing and demonstrating their instruments <https://www.bhma.org.uk/which-instrument>.

To help you find out which instrument your child might like to learn we are hosting a series of zoom parent/carer meetings. The meetings will last approximately 30 minutes and you will be able to meet the teachers, find out more about what's involved in learning an instrument, the costs involved and how you may be able to receive help towards lesson fees. To register your interest and to gain access to the parent/carer meetings please click on the link

<https://www.bhma.org.uk/parent-carer-meetings>

If your child already knows which instrument they would like to learn you can apply for lessons directly via our website

<https://ukbrighton.speedadmin.dk/registration#/>

If you have any questions regarding our music activities please contact us on bhma@brightondome.org

We look forward to meeting you and introducing your child to the magic of music,

Yours sincerely,

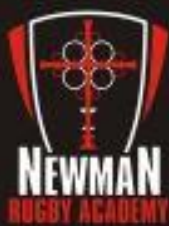
Brighton & Hove Music & Arts

Ealing Trailfinders MULTI-SPORTS CAMP

@ Cardinal Newman

School Years 3 - 6

Playing a variety of different games to develop fundamental movement skills, teamwork and decision-making.



1st, 2nd, 3rd & 4th June

10am-3pm

£30 per day

Discount code **Centre13** for
10% off all 4 days



SCAN ME

Scan QR to book now
or email
camps@etprm.com



B.A. ACADEMY

KS1 SUMMER MULTI- SPORTS CLUB

Explore and enjoy a diverse range of sports activities in the warm summer months with an hour of quality sports tuition each week from one of our coaching professionals. This summers fun and enriching sports include cricket, mini athletics, rounders and ultimate frisbee and will take place on the school field. The club will be run in **year group bubbles** in line with the school's coronavirus policy.

15:20-16:20
FRIDAY 11TH JUNE - 23RD
JULY
7 SESSIONS FOR £52.50

BOOK BEFORE 1ST JUNE TO
RECEIVE 20% OFF (£42.00)!

Our teachers
provide high
energy, fun classes
and are all DBS
checked,
Safeguarding
trained and First
aid trained

OUR SPORTS:

Cricket

B.A. Academy's cricket will be actioned packed with variations of the sport that are exciting and full of energy. This will include, but is not limited to, quick cricket, french cricket, and diamond cricket.

Mini Athletics

Mini Athletics enhances athleticism through a progressive model of balance, co-ordination, speed and agility exercises. The mini athletes will develop there skills and self-confidence through the perfect mix of imaginative play and sport.

Rounders

As one of the most popular British summer sports in schools, rounders is a striking and fielding game that develops team work and communication. The game will be adapted to your children's needs through versions of the game suitable to their ability.

Ultimate Frisbee

With Frisbee games, your child's outside time is guaranteed to be filled with laughs. Ultimate frisbee, like football, sees two team toss the disc to a teammate to move it up the field. B.A. Academy will integrate other frisbee games such as frisbee flip, frisbee tag and shield throwing.

*DON'T MISS OUT! BOOK ONLINE AT OUR WEBSITE TO
SECURE YOUR CHILD'S PLACE:*

[HTTPS://WWW.BA-ACADEMY.CO.UK/BALFOUR](https://www.ba-academy.co.uk/balfour)

OR

SCAN THE QR CODE

QUESTIONS?

*DON'T HESITATE TO GET IN TOUCH AT ENQUIRIES@BA-
ACADEMY.CO.UK.*



SCAN ME



60-Second Vegtastic Lunchbox Hacks

Veg are a key part of a healthy diet but it can be a real struggle to get kids to eat enough of them. Adding an extra portion or two to their packed lunch will help to up their intake. Try these simple ideas to **veg-pack their lunchboxes** with limited faff.

The basic toolkit:

- **Containers** (small and lidded for dips, leftovers and more)
- **Cutlery** (if needed)
- **Thermos** (any heat-retaining flask is great for soups, baked beans, leftovers, etc.)
- **Bamboo kebab sticks** (optional, but helpful for making veggies more fun)



Top tip: Know your portions – a child's portion of veg is roughly 50g or what fits into a child's hand.



VEGPOWER

5 easy #LunchboxHacks to add more veg in 60 seconds or less:



1. The Salad-on-a-Stick

Get a bamboo kebab stick and thread on different veg such as cherry tomatoes, cubed cucumber, cubed cooked beetroot, chunks of peppers, raw button mushrooms, crunchy lettuce, etc) in fun colours. If your child isn't a fan of veg, try starting off by alternating veg with cooked meat, cubed cheese, etc to ease them into it.



My Favourite veg was:

2. The Lunch Crunch

1 carrot chopped into sticks (or pre-chopped carrot sticks) with a pot of hummus (or their favourite dip) adds a portion of veg.



I ate this many carrots:

3. The Sandwich Slice

Slice 5cm cucumber (about the length of a small egg) and add to a sandwich for an extra portion of veg with minimal effort.



I ate this much cucumber:

4. The Helpful Handful

Add a handful of ready-to-eat snacky veg to a container. Try cherry tomatoes, drained tinned sweetcorn, celery sticks, green beans, cucumber etc.



My Favourite veg was:

5. The Half-Baked Plan

Heat through half a tin of baked beans (ideally low sugar and salt) and stick in a heat-retaining flask for an easy veg portion win.

Top tip: Keep trying! If they are not used to veg in their packed lunch, it may be picked out and ignored on the first few days. The more they see it and interact with it, the more the veg becomes "normal".

This week my rating is:

For recipes, tips and
free downloads visit:
vegpowers.org.uk